

FOR IMMEDIATE RELEASE

***The Huddle: How to Score in Sex & Love—  
Real results for real people in real relationships***

Intimacy Coach Amy Color has released her relationship game-changer, ***The Huddle: How to Score in Sex & Love***.

*The Huddle* is a book written with the guys in mind. Men like action and solutions, and Amy's been helping them get both for decades. You can't talk or sex your way into a hot relationship. How you feel about yourself in the bedroom is how you show up in all parts of your life. Sexual confidence is key. To win in the game of life and love, you need a strategy that works.

In *The Huddle*, Amy coaches a real-life couple through the art and science of intimacy. Her simple, powerful techniques help couples achieve connection, communication, and the best love lives ever. Amy's practical approach, unique perspective, and sense of humor helps to make sensitive topics simple. If you want to feel chosen, seen, accepted, and desired, *The Huddle* is your starting position to feel the love and keep it going.

"I saw a need for a solutions-based alternative to conventional talk therapy that addresses intimacy challenges and supports people feeling safe in connecting. I became the professional I went searching for and couldn't find."

—Amy Color

**What people are saying about *The Huddle*:**

"Had this program been around when we needed it, we might still have our family."

—Amy Color's former husband

"Easy to read and full of useful tips! I read this book in one sitting. It's fast, fun, and packs a lot of punch. The use of sports references makes it so much easier for "them" to understand "us," and gets everyone on the same team, playing the same game. —Annette, reader review

"I've been working with *The Huddle* a lot. It's totally amazing!! Very helpful for connecting to my partner and staying in my body when that resistance to pleasure comes up. Thanks for sharing!" —Marissa, client

**About the Author**

Amy Color The Intimacy Coach delivers as an author, speaker, therapist, life coach, and more. She combines training, experience, research, wisdom, and compassion to help everyone experience more intimacy. #mmhmm

Amy Color became the professional she went searching for and couldn't find. She saw a need for a solutions-based alternative to conventional talk therapy that offers real solutions for real people in real relationships. Described as a cross between Mae West and Dr. Ruth. Amy Color is a bestselling author, certified therapist, coach, clinical supervisor, international trainer, TEDx speaker, and more. She combines compassion, two decades of research, and personal life experience to help thousands of individuals and couples worldwide. Check out [Amy's TEDx, Better Intimacy for Better Sex](#)

***The Huddle* is available on [Amazon](#).**

**Interviews/inquiries:**

Contact: Amy Color

Email: [amy@amycolor.com](mailto:amy@amycolor.com)

Website: [www.amycolor.com](http://www.amycolor.com)

Facebook: [@amycolorintimacycoach](#)

LinkedIn: [linkedin.com/in/amy-color-7226a811](https://www.linkedin.com/in/amy-color-7226a811)

Youtube: [http://www.youtube.com/c/AmyColor?sub\\_confirmation=1](http://www.youtube.com/c/AmyColor?sub_confirmation=1)

Instagram: [@amycolor.intimacycoach](#)

Twitter: [@IntimateWithAmy](#)